

Mesotherapy

At Stockton Family Practice

French physician, Michael Pistor, pioneered Mesotherapy in 1952. The basic principal of this remarkable treatment is that the mesodermal layer of tissue, which is the middle layer of the skin lying just below the epidermis, is a very biologically active tissue. This layer of tissue sends and receives messages that interconnect all the local cells with the brain, endocrine organs (hormonal glands) and the immune systems. As a result of these extensive interactions, stimulating the mesodermal layer is capable of very significant changes in local problems as well as the body's overall healthy balance.

Over the past 50 years there have been increasingly varied uses identified for Mesotherapy. Typical treatments involve injections of tiny amounts of various combinations of medications, vitamins, minerals, amino acids, homeopathics and other biological substances. The mixtures are placed just under the skin through a very tiny needle.

Side effects are transient and not dangerous. Serious side effects are exceedingly rare. Normal discomforts include pain from injections, bruising, itching, stinging, hives and nodules that resolve over time.

Pain Control

One of the primary uses has been for pain control especially with acute injuries. Healing messages from mesodermal injections can result in resolution of acute injuries as well as many chronic problems. The following lists a few of the problems frequently treated.

- **Muscle spasms**
- **Sports injuries**
- **Carpal tunnel syndrome**
- **Fibromyalgia**
- **Osteoarthritis**
- **Headaches**

Non Surgical Aesthetic Medicine

This is one of the most highly praised successes of Mesotherapy. By injecting tiny amounts of natural fat dissolving substances into the mesoderm, treatments have been developed for non-surgical elimination of unwanted fat accumulations or sculpting subcutaneous fat areas to highlight desired bodylines. Even without loss of weight there would be loss of inches since one pound of fat is seven times larger than one pound of muscle. The following is a partial list of frequently addressed problem areas.

- **Body sculpting**
- **Dissolving localized areas of fat**
 - **Eyelids**
 - **Under chin**
 - **Love handles**
 - **Saddlebags**
- **Cellulite**
- **Reduction of wrinkles**
- **Regrowth of thinning scalp hair.**
- **Alopecia areata**
- **Breast rejuvenation**
- **Penis enhancement**
- **Dissolving lipomas**
- **Facial rejuvenation**
- **Neck rejuvenation**
- **Softening of wrinkles**
- **Acne scars**
- **Keloids**
- **Discoid lupus**
- **Skin pigmentation**

Anti Aging Therapy

Injections of homeopathic therapies into Chakra energy points have been used to reinvigorate the endocrine and immune systems. These treatments may be done alone for anti aging benefits or they may be used in conjunction with other treatments to improve the effectiveness of treatments such as for weight loss or for general health.

Mesotherapy Costs

Treatments for pain control are typically managed as routine medical visits with insurance coverage for the evaluation, and whenever possible, for the medical treatment. Costs are in line with other related treatments for similar problems.

For aesthetic treatments, because there is no FDA approval of Mesotherapy, there is no insurance coverage for the procedures. Treatments are discussed and planned during an initial consultation. During the consultation visit we will evaluate the areas of concern and discuss a comprehensive treatment plan. This will include estimates of the number of treatments anticipated and discussion of any potential side effects. We will also discuss preparation before treatments and care of your health after the treatments. During this visit we will also discuss diet, exercise and supplements to get the best results and help you achieve and maintain your greatest potentials. Treatments are typically given every 1-3 weeks until maximum desired results are obtained.

Initial consultation

Single localized problem such as eyelid fat pads or love handles	\$100
Complete body evaluation and treatment mapping for body sculpting	\$250

Treatment fees depend on the number of areas treated during the visit

Single area treatment	\$350
Two areas	\$550
Three areas	\$700

The following are examples of what are considered separate areas:

- Face
- Neck
- Upper Arms
- Abdomen And Love Handles
- Hips And Thighs
- Buttocks
- Knees
- Calves

For further information or to schedule an appointment:

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